ZION UCC RUN/WALK FOR THE HOMELESS

5K RUN/WALK TO HELP THE BURLINGTON AREA HOMELESS SHELTER

SPONSORED BY

ZION UNITED CHURCH OF CHRIST

412 North 5th Street, Burlington, Iowa

(319) 752-2305

Who: All are welcome!

When: Sunday, August 25, 2013

Event begins at 8:00 a.m.

Where: Run/Walk begins at North Hill Park, corner of 5th and Court. Packets and registration at Zion UCC Church

5K RUN AGE CATEGORIES: MALE & FEMALE

12 & Under	13-19
20-29	30-39
40-49	50-59
60-69	70+

1st Place male and female winners will receive a trophy.

1st, 2nd & 3rd place winners in each category will receive a **beautiful**, **hand-crafted stained glass sun catcher made by a local artist**.

Registration Entry Fee: \$20.00 before 8/17/13 and \$25 after.

Make checks payable to **ZION UCC** and send registration form to:

Zion UCC Church 412 N. 5th St. Burlington, IA 52601

Pick up your race packet at Zion Church on Saturday 3-5 PM and Sunday 6:30 - 7:30 AM.

Last minute registration: 6:30 - 7:00 AM Sunday

Those registered by **August 15th** will receive a t-shirt.

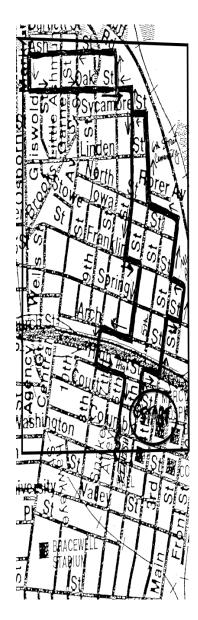
Be sure and stay after for the post race refreshments and music! Awards at 9:30 am.

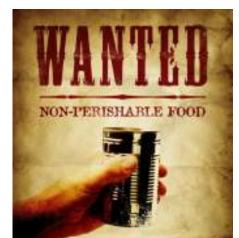
PARTICIPANT FORM:

Print Name:
Age: gender:
Address:
Email:
Phone:
T-shirt size:
S M L XL
2XL3XL4XL

Read and sign before entering: In consideration of you accepting this entry, I, my heirs, executors, and administrators waive any and all rights and claims for damages against the race director of Zion United Church of Christ, the City of Burlington, and State of Iowa, for any accidents, injuries incurred by me during, because of, or in travel to and from the Zion Run for the Homeless. I am aware of problems that could be such as traffic, poor weather, crowds, and animals. I further state that I have trained adequately and that I am in suitable condition to compete in the race I have registered for. If under 18 years of age, this form must be co-signed by a parent or guardian.

Signature:	
Parent/guardian:	
Date:	





On the day of the race, bring a canned good or other donation for the homeless shelter. It would be appreciated!

The gently rolling course takes you through the scenic, historic North Hill District of Burlington, Iowa with a unique finish down world-famous Snake Alley! For more information on

the event call:

(319) 752-2305

Run/Walk for the Homeless





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Burlington, Iowa

